

# A REVIEW OF THORACOLUMBAR TECHNIQUES, ADVANCED TECHNIQUES AND OPTIMIZING CARE THROUGH AN INTEGRATIVE APPROACH

## Course Outline

### A REVIEW OF THORACOLUMBAR TECHNIQUES & OPTIMIZING CARE THROUGH AN INTEGRATIVE APPROACH

#### THURSDAY APRIL 4th, 2019

- 8:30-9:00 Registration - University of MN Equine Center
- 8:30-9:30 Equine Behavior and Body Language Lecture - Kyla Awes, DC
- 9:30-11:00 Soft Tissue Techniques: massage therapy techniques and introduction to myofascial release Lecture- Kyla Awes, DC
- 11:00-12:00 Review of Thoracolumbar Adjusting Techniques, Patient Considerations and Doctor Biomechanics Lecture - Jami Whiting, DVM
- 12:00-1:00 Lunch
- 1:00-3:00 Soft Tissue Techniques Lab - Jami Whiting, DVM, Cathy Lombardi, DVM, Kyla Awes, DC, Maya Meinhold, DC
- 3:00-6:00 Equine Technique Lab - Jami Whiting, DVM, Cathy Lombardi, DVM, Kyla Awes, DC, Maya Meinhold, DC

#### FRIDAY APRIL 5th, 2019 (University of MN)

- 8:30-12:30 Thoracolumbar Pathology - Nicolas Ernst, DVM
- 12:30-1:30 Lunch
- 12:30-1:30 Thoracolumbar Pathology - Nicolas Ernst, DVM

- 1:30-2:30 The Use of Therapeutic Exercise in the Treatment of Equine Back Pain  
Lecture - Kyla Awes, DC
- 2:30-5:30 Case Studies with Round Table Discussion - Nicolas Ernst, DVM,  
Jami Whiting DVM, Kyla Awes, DC & Maya Meinhold, DC

## **ADVANCED THORACOLUMBAR TECHNIQUES AND INTENSIVE HANDS-ON LABS**

### **SATURDAY APRIL 6th, 2019**

- 8:30-9:30 Segmental Thoracolumbar Intervertebral Biomechanics - Kyla Awes, DC
- 9:30-11:30 Advanced Thoracolumbar Techniques Lecture - Kyla Awes, DC
- 11:30-12:30 Lunch
- 1:30-5:30 Advanced Techniques Lab - Jami Whiting DVM, Cathy Lombardi, DVM,  
Kyla Awes, DC and Maya Meinhold, DC

### **SUNDAY APRIL 7th, 2019**

- 9:30-11:30 Advanced Techniques Lab - Jami Whiting DVM, Cathy Lombardi, DVM,  
Kyla Awes, DC and Maya Meinhold, DC
- 11:30-12:30 Lunch
- 12:30-2:30 Advanced Techniques Lab - Jami Whiting DVM, Cathy Lombardi, DVM,  
Kyla Awes, DC and Maya Meinhold, DC

Schedule is subject to change